

Navigate your garden's journey with precision using our Regions Table! Whether you're in the Highveld, the coastal breeze of Cape Town, or anywhere in between, this table outlines the regions specific to you to ensure the best for your plants. Discover which seeds to sow and harvest each month, ensuring your garden thrives in sync with your local climate.

Highveld	Middleveld/Bushveld	Lowveld	Northern Cape & Great Karoo		
<ul style="list-style-type: none"> Johannesburg Pretoria Bloemfontein Vereeniging Welkom Carletonville, and the cities of the West Rand and East Rand Witbank Middelburg Dullstroom Belfast Lydenburg Harrismith Ladysmith KZN 	<ul style="list-style-type: none"> Bela Bela (Warm-baths) Brits De Wildt Haenertsburg Hammanskraal Lephalale (Ellisras) Louis Trichardt Mara Modimolle (Nylstroom) Mokopane (Potgietersrus) Mookgophong (Naboomspruit) Musina (Messina) Northam Phalaborwa Piensaarsrivier Polokwane (Pietersburg) Roedtan 	<ul style="list-style-type: none"> Selebi-Phikwe Sun City Thabazimbi Tzaneen Vaalwater Vivo Zion City Moria Rustenburg 	<ul style="list-style-type: none"> Nelspruit Hazyview Malelane Bushbuck Ridge White River 	<ul style="list-style-type: none"> De Aar Cavinia Colesburg Fraserburg Hopetown Sutherland Petrusville Augrabies Kimberley Upington Douglas Barkly West Colesberg Jan Kempdorp Kathu Kuruman Postmasburg Prieska Springbok Victoria West Warrenton Orania 	<ul style="list-style-type: none"> Carnarvon Griekwastad Groblershoop Hartswater Keimoes Kakamas Pofadder Port Nolloth Strydenburg Sutherland
Natal Midlands	Eastern Cape & Little Karoo	Western and Southern Cape	KZN Coast		
<ul style="list-style-type: none"> Pietermaritzburg Richmond Ixopo Kokstad Howick Merrivale Hilton Lions River Dargle Lidgetton Balgowan Nottingham Road Rosetta Mooi River 	<ul style="list-style-type: none"> Montagu Barrydale Ladismith Calitzdorp Oudtshoorn De Rust Zoar Amalienstein Dysselsdorp. East London (Gompo) Port Elizabeth (Gqeberha) Umtata (Mthatha) Queenstown (Komani) Grahamstown (Makhanda) Jeffreys Bay Alice (Dikeni) Sterkspruit Graaff-Reinet Somerset East 	<ul style="list-style-type: none"> Somerset East Mount Fletcher (Tlokoeng) Butterworth (Gcuwa) Mount Frere (KwaBhaca) Mdantsane Cradock Matatiele King William's Town (Qonce) Aliwal North (Maletswai) Uitenhage (Kariega) Fort Beaufort Idutywa (Dutywa) Engcobo (Ngcobo) Maclear (Nqanqarhu) 	<ul style="list-style-type: none"> Cape Town Stellenbosch Paarl Franschhoek Robertson Worcester Mossel Bay George Knysna 	<ul style="list-style-type: none"> Pongola Kosi Bay Mtubatuba St Lucia Ballito Port Shepstone Port Edward Scottburgh Uvongo Durban 	

Region	What To Sow in April
Highveld	<p>Flowers: Alyssum, African Daisy, Aquilegia, Arctotis, Bellis, Calendula, Chrysanthemum, Colour Patch (Winter tall & Winter Dwarf), Delphinium, Dianthus, Felicia, Foxglove, Forget Me Not, Gazania, Godetia, Linaria, Lobelia, Nasturtium, Namakwaland Mix, Nemesia, Mesembs, Pansy, Phlox, Poppy, Primula, Stocks, Sweetpea, Sunflower (Winter), Viola, Virginian Stocks. Herbs: Basil, Chives, Chervil, Garden Cress, Garlic Chives, Marigold Mexican Mint, Mustard, Salad Burnett, Tarragon, Savoury Summer. Vegetables: Beetroot, Broccoli, Brussels Sprouts, Cabbage (Chinese), Carrot, Cauliflower, Leeks, Lettuce, Marog, Mizuna, Onion (Texas Grano & Spring), Parsley, Parsnip, Peas, Radish, Spinach, Turnip.</p>
Middleveld/ Bushveld	<p>Flowers: Alyssum, Arctotis, Aster, Carnation, Chrysanthemum, Thunbergia, Californian Poppy, Carnation, Chrysanthemum, Colour Patch (Winter tall & Winter Dwarf), Cosmos, Delphinium, Dianthus, Foxglove, Forget Me Not, Gazania, Godetia, Gypsophila, Larkspur, Lobelia, Marigold, Nasturtium, Namakwaland Mix, Nemesia, Mesembs, Pansy, Penstemon, Phlox, Poppy, Antirrhinum, Statice, Sunflower (Winter), Viola, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Chervil, Chives, Coriander, Echinacea, Fennel, Garden Cress, Garlic Chives, Lavender, Lemon Balm, Marigold Mexican Mint, Mustard, Oregano, Parsley, Rocket, Salad Burnett, Tarragon, Savoury Summer, Thyme. Vegetables: Artichoke, Asparagus, Beans, Beetroot, Broccoli, Brussels Sprouts, Cabbage (Chinese), Cape Gooseberry, Carrot, Cauliflower, Leeks, Lettuce, Marog, Mizuna, Okra, Onion (Spring), Parsley, Parsnip, Peas, Radish, Spinach, Strawberry, Tomato, Turnip.</p>
Lowveld	<p>Flowers: Alyssum, Thunbergia, Carnation, Chrysanthemum, Coleus, Cosmos, California Poppy, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Lavatera, Marigold, Nasturtium, Nigella, Petunia, Portulaca, Salvia, Statice, Sunflower (Winter), Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Chives, Chervil, Coriander, Echinacea, Fennel, Garden Cress, Garlic Chives, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Rocket, Rosemary, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Beans, Beetroot, Broccoli, Eggfruit, Brussels Sprouts, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper and Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Marog, Mizuna, Okra, Onion, Radish, Tomato.</p>
Northern Cape and Karoo	<p>Flowers: Alyssum, African Daisy, Aquilegia, Arctotis, Aster, Bellis, Calendula, Carnation, Chrysanthemum, Californian Poppy, Colour Patch (Winter tall & Winter Dwarf), Cosmos, Delphinium, Dianthus, Felicia, Foxglove, Forget Me Not, Gazania, Godetia, Gypsophila, Larkspur, Lobelia, Marigold, Nasturtium, Namakwaland Mix, Nemesia, Mesembs, Pansy, Penstemon, Petunia, Phlox, Poppy, Primula, Antirrhinum, Statice, Stocks, Sweetpea, Sunflower (Winter), Viola. Herbs: Basil, Borage, Catnip, Chives, Chervil, Coriander, Fennel, Garden Cress, Garlic Chives, Lavender, Lemon Balm, Marigold Mexican Mint, Mustard, Oregano, Parsley, Rocket, Salad Burnett, Savoury Summer. Vegetables: Artichoke, Asparagus, Beetroot, Broccoli, Brussels Sprouts, Cabbage (Chinese), Carrot, Cauliflower, Leeks, Lettuce, Marog, Mizuna, Onion (Texas Grano & Spring), Parsley, Parsnip, Peas, Radish, Spinach, Turnip.</p>
Natal Midlands	<p>Flowers: Alyssum, African Daisy, Aquilegia, Arctotis, Bellis, Calendula, Chrysanthemum, Colour Patch (Winter tall & Winter Dwarf), Delphinium, Dianthus, Felicia, Foxglove, Forget Me Not, Gazania, Godetia, Linaria, Lobelia, Nasturtium, Namakwaland Mix, Nemesia, Mesembs, Pansy, Phlox, Poppy, Primula, Stocks, Sweetpea, Sunflower (Winter), Viola, Virginian Stocks. Herbs: Basil, Chives, Chervil, Garden Cress, Garlic Chives, Marigold Mexican Mint, Mustard, Salad Burnett, Tarragon, Savoury Summer. Vegetables: Beetroot, Broccoli, Brussels Sprouts, Cabbage (Chinese), Carrot, Cauliflower, Leeks, Lettuce, Marog, Mizuna, Onion (Texas Grano & Spring), Parsley, Parsnip, Peas, Radish, Spinach, Turnip.</p>
Eastern Cape and Little Karoo	<p>Flowers: Alyssum, African Daisy, Aquilegia, Arctotis, Aster, Bellis, Calendula, Carnation, Chrysanthemum, Colour Patch (Winter Tall & Winter Dwarf), Delphinium, Dianthus, Foxglove, Forget Me Not, Gazania, Godetia, Larkspur, Lobelia, Marigold, Nasturtium, Namakwaland Mix, Nemesia, Mesembs, Pansy, Penstemon, Phlox, Poppy, Primula, Antirrhinum, Statice, Stocks, Sweetpea, Sunflower (Winter), Viola, Verbena, Zinnia. Herbs: Basil, Chervil, Chives, Coriander, Fennel, Garden Cress, Garlic Chives, Lavender, Marigold Mexican Mint, Mustard, Oregano, Parsley, Rocket, Salad Burnett, Tarragon, Savoury Summer, Thyme. Vegetables: Beans, Beetroot, Broccoli, Brussels Sprouts, Cabbage (Chinese), Cape Gooseberry, Carrot, Cauliflower, Leeks, Lettuce, Marog, Mizuna, Onion (Spring), Parsley, Parsnip, Peas, Radish, Spinach, Tomato, Turnip.</p>
Western and Southern Cape	<p>Flowers: Alyssum, African Daisy, Aquilegia, Arctotis, Aster, Bellis, Calendula, Carnation, Chrysanthemum, Carnation, Chrysanthemum, Colour Patch (Winter tall & Winter Dwarf), Delphinium, Dianthus, Foxglove, Forget Me Not, Foxglove, Gazania, Larkspur, Lobelia, Marigold, Nasturtium, Namakwaland Mix, Nemesia, Mesembs, Pansy, Phlox, Poppy, Primula, Antirrhinum, Statice, Stocks, Sweetpea, Sunflower (Winter), Viola, Verbena, Zinnia. Herbs: Basil, Chives, Chervil, Chives, Coriander, Garden Cress, Garlic Chives, Marigold Mexican Mint, Mustard, Oregano, Parsley, Rocket, Salad Burnett, Savoury Summer. Vegetables: Beans, Beetroot, Broccoli, Brussels Sprouts, Cabbage (Chinese), Cape Gooseberry, Carrot, Cauliflower, Leeks, Lettuce, Marog, Mizuna, Onion (Spring), Parsley, Parsnip, Peas, Radish, Spinach, Tomato, Turnip.</p>
KZN Coast	<p>Flowers: Alyssum, Thunbergia, Carnation, Chrysanthemum, Cosmos, California Poppy, Gazania, Godetia, Gypsophila, Helichrysum, Impatiens, Lavatera, Marigold, Nasturtium, Nigella, Petunia, Portulaca, Salvia, Statice, Sunflower (Winter), Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Chives, Chervil, Coriander, Echinacea, Fennel, Garden Cress, Garlic Chives, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Rocket, Rosemary, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Beans, Beetroot, Broccoli, Eggfruit, Brussels Sprouts, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper and Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Marog, Mizuna, Okra, Onion, Radish, Tomato.</p>

Region	What To Harvest in April
Highveld	<p>Flowers: Alyssum, Aquilegia, Aster, Balsam, Thunbergia, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Forget Me Not, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Phlox, Poppy, Portulaca, Salvia, Antirrhinum, Statice, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Broccoli, Eggfruit, Cabbage (Chinese), Cape Gooseberry, Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Mizuna, Onion (Spring), Pumpkin, Radish, Rhubarb, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Middleveld/ Bushveld	<p>Flowers: Alyssum, Aster, Balsam, Thunbergia, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Gazania, Godetia, Gypsophila, Helichrysum, Impatiens, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Portulaca, Salvia, Statice, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Eggfruit, Cabbage (Chinese), Cape Gooseberry Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Melons, Mizuna, Okra, Onion (Spring), Pumpkin, Radish, Rhubarb, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Lowveld	<p>Flowers: Alyssum, Aster, Balsam, Thunbergia, Celosia, Coleus, Cosmos, Dahlia, Gazania, Godetia, Gypsophila, Helichrysum, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Portulaca, Salvia, Statice, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Eggfruit, Cabbage (Chinese), Cape Gooseberry, Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Melons, Mizuna, Okra, Onion (Spring), Pumpkin, Radish, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Northern Cape and Karoo	<p>Flowers: Alyssum, Aster, Balsam, Thunbergia, Celosia, Coleus, Cosmos, Dahlia, Gazania, Godetia, Gypsophila, Helichrysum, Impatiens, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Phlox, Poppy, Portulaca, Salvia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Broccoli, Eggfruit, Cabbage (Chinese), Cape Gooseberry, Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Melons, Mizuna, Okra, Onion (Spring), Pumpkin, Radish, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Natal Midlands	<p>Flowers: Alyssum, Aquilegia: Aster, Balsam, Thunbergia, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Forget Me Not, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Phlox, Poppy, Portulaca, Salvia, Antirrhinum, Statice, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Broccoli, Eggfruit, Cabbage (Chinese), Cape Gooseberry Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Mizuna, Onion (Spring), Pumpkin, Radish, Rhubarb, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Eastern Cape and Little Karoo	<p>Flowers: Alyssum, Aquilegia: Aster, Balsam, Thunbergia, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Forget Me Not, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Phlox, Poppy, Portulaca, Salvia, Antirrhinum, Statice, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Broccoli, Eggfruit, Cabbage (Chinese), Cape Gooseberry Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Mizuna, Onion (Spring), Pumpkin, Radish, Rhubarb, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Western and Southern Cape	<p>Flowers: Alyssum, Aquilegia: Aster, Balsam, Thunbergia, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Forget Me Not, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Phlox, Poppy, Portulaca, Salvia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Broccoli, Eggfruit, Cabbage (Chinese), Cape Gooseberry Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Mizuna, Okra, Onion (Spring), Pumpkin, Radish, Rhubarb, Spinach, Squash (Bush), Strawberry, Tomato.</p>
KZN Coast	<p>Flowers: Alyssum, Aster, Balsam, Thunbergia, Celosia, Coleus, Cosmos, Dahlia, Gazania, Godetia, Gypsophila, Helichrysum, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Petunia, Portulaca, Salvia, Statice, Verbena, Zinnia. Herbs: Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Evening Primrose, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Paprika, Parsley, Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Thyme. Vegetables: Artichoke, Beans (Dwarf & Runner), Beetroot, Eggfruit, Cabbage (Chinese), Cape Gooseberry, Capsicum (Sweet Pepper and Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Marog, Melons, Mizuna, Okra, Onion (Spring), Pumpkin, Radish, Spinach, Squash (Bush), Strawberry, Tomato.</p>

Week 1

Transplant seedlings, Direct sow warm-season veggies, Fertilise, and Weed.

Week 2

Start seeds indoors, Foliar Spray, and Mulch for weed suppression.

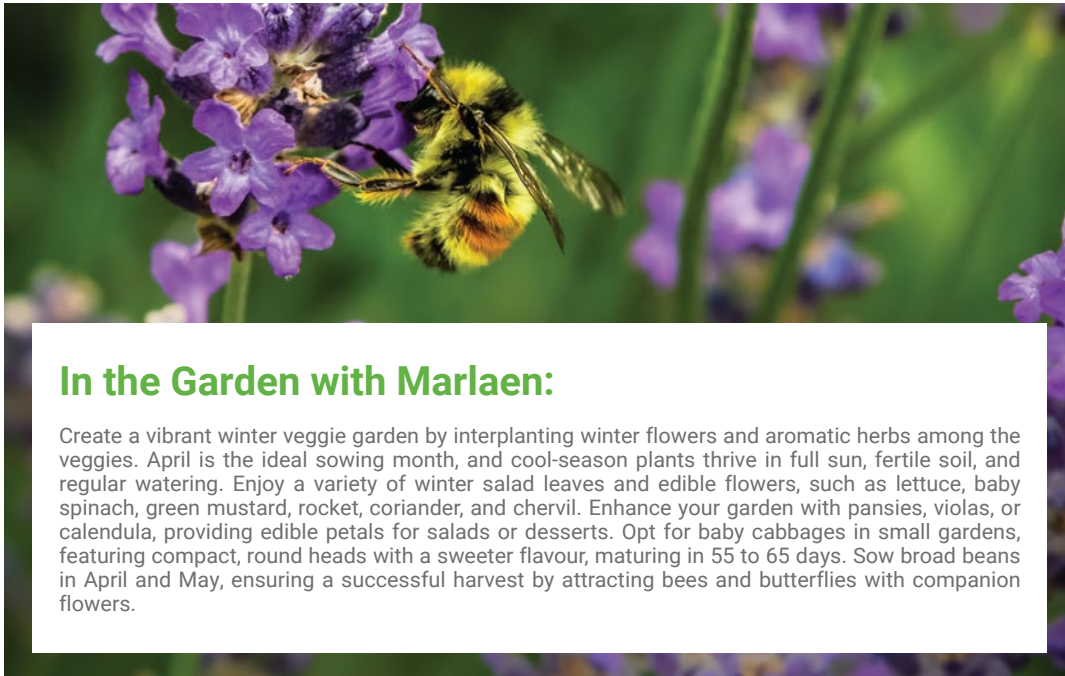
Week 3

Plant perennials, Prune and shape, Apply compost and fertiliser, and Weed.

Week 4

Foliar Spray, Plant warm-season veggies, Mulch for moisture, and Monitor pests.

Take Note



In the Garden with Marlaen:

Create a vibrant winter veggie garden by interplanting winter flowers and aromatic herbs among the veggies. April is the ideal sowing month, and cool-season plants thrive in full sun, fertile soil, and regular watering. Enjoy a variety of winter salad leaves and edible flowers, such as lettuce, baby spinach, green mustard, rocket, coriander, and chervil. Enhance your garden with pansies, violas, or calendula, providing edible petals for salads or desserts. Opt for baby cabbages in small gardens, featuring compact, round heads with a sweeter flavour, maturing in 55 to 65 days. Sow broad beans in April and May, ensuring a successful harvest by attracting bees and butterflies with companion flowers.