

Region	What To Sow in September
Highveld	<p>Flowers: Alyssum, Aquilegia, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Flower Mixes, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Penstemon, Petunia, Phlox, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Artichoke, Asparagus, Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Cucumber, Leeks, Lettuce, Mealies, Melons, Mizuna, Okra, Onion, Peas, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
Middleveld/ Bushveld	<p>Flowers: Alyssum, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Coleus, Cosmos, Dahlia, Flower Mixes, Forget-Me-Not, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Penstemon, Petunia, Phlox, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Artichoke, Asparagus, Beans (Dwarf & Runner), Beetroot, Egg Fruit, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Leeks, Lettuce, Mealies, Melons, Mizuna, Okra, Onion, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
Lowveld	<p>Flowers: Alyssum, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Flower Mixes, Forget-Me-Not, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Lavatera, Marigold, Nasturtium, Nigella, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Beans (Dwarf & Runner), Beetroot, Egg Fruit, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Kale (Chou Moullier), Cucumber, Lettuce, Mealies, Melons, Mizuna, Okra, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
Northern Cape and Karoo	<p>Flowers: Alyssum, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Coleus, Cosmos, Dahlia, Flower Mixes, Forget-Me-Not, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Penstemon, Petunia, Phlox, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Artichoke, Asparagus, Beans (Dwarf & Runner), Beetroot, Egg Fruit, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Leeks, Lettuce, Mealies, Melons, Mizuna, Okra, Onion, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
Natal Midlands	<p>Flowers: Alyssum, Aquilegia, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Flower Mixes, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Penstemon, Petunia, Phlox, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Artichoke, Asparagus, Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Cucumber, Leeks, Lettuce, Mealies, Melons, Mizuna, Okra, Onion, Peas, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
Eastern Cape and Little Karoo	<p>Flowers: Alyssum, Aquilegia, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Flower Mixes, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Penstemon, Petunia, Phlox, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Artichoke, Asparagus, Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Cucumber, Leeks, Lettuce, Mealies, Melons, Mizuna, Okra, Onion, Peas, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
Western and Southern Cape	<p>Flowers: Alyssum, Aquilegia, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Flower Mixes, Foxglove, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Larkspur, Lavatera, Lobelia, Marigold, Nasturtium, Nigella, Penstemon, Petunia, Phlox, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chervil, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Salad Burnett, Savoury Summer, Tarragon, Thyme. Vegetables: Artichoke, Asparagus, Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Cucumber, Leeks, Lettuce, Mealies, Melons, Mizuna, Okra, Onion, Peas, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>
KZN Coast	<p>Flowers: Alyssum, Aster, Balsam, Cactus Mix, Californian Poppy, Carnation, Celosia, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Flower Mixes, Forget-Me-Not, Gazania, Godetia, Gypsophila, Helichrysum, Hollyhock, Impatiens, Lavatera, Marigold, Nasturtium, Nigella, Portulaca, Protea, Salvia, Thunbergia, Antirrhinum, Statice, Sunflower, Verbena, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Celery, Chamomile, Chives, Coriander, Dill, Echinacea, Edible Flowers, Fennel, Garden Cress, Lavender, Lemon Balm, Marigold Mexican Mint, Oregano, Paprika, Parsley, Rocket, Wild Rocket, Rosemary, Tarragon, Sage, Tarragon, Thyme. Vegetables: Beans (Dwarf & Runner), Beetroot, Egg Fruit, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Kale (Chou Moullier), Cucumber, Lettuce, Mealies, Melons, Mizuna, Okra, Pumpkin, Radish, Rape, Rhubarb, Spinach, Squash (Bush), Sweetcorn, Strawberry, Tomato, Watermelon. Grass: Bermuda/Cape Royal, Evergreen, Kikuyu, Shade Master, Wonderlawn.</p>

Region	What To Harvest in September
Highveld	<p>Flowers: African Daisy, Alyssum, Aquilegia, Calendula, Dianthus, Diascia, Felicia, Mesembryanthemum, Pansy, Petunia, Phlox, Poppy, Primula, Viola. Herbs: Marog, Borage, Catnip, Chamomile, Chives, Dill, Fennel, Garden Cress, Lavender, Oregano, Parsley, Rosemary, Tarragon, Sage, Thyme. Vegetables: Beans (Dwarf & Runner), Broad beans, Beetroot, Broccoli, Brussels Sprouts, Cabbage, Carrot, Cauliflower, Celery, Kale, Kale (Chou Moullier), Lettuce, Mizuna, Onion, Parsnip, Peas, Radish, Spinach.</p>
Middleveld/ Bushveld	<p>Flowers: Alyssum, Aquilegia, Aster, Thunbergia, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Delphinium, Dianthus, Forget-Me-Not, Godetia, Gypsophila, Hollyhock, Impatiens, Larkspur, Marigold, Nasturtium, Nigella, Pansy, Penstemon, Petunia, Phlox, Poppy, Salvia, Antirrhinum, Statice, Sunflower, Verbena, Vinca, Viola, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Chamomile, Chives, Coriander, Dill, Echinacea, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Parsley, Rocket, Rosemary, Tarragon, Sage, Savoury Summer, Thyme. Vegetables: Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Melons, Mizuna, Okra, Onion, Parsnip, Radish, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Lowveld	<p>Flowers: Alyssum, Aquilegia, Aster, Thunbergia, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Forget-Me-Not, Godetia, Gypsophila, Hollyhock, Impatiens, Marigold, Nasturtium, Nigella, Petunia, Phlox, Salvia, Antirrhinum, Statice, Sunflower, Verbena, Viola, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Chamomile, Chives, Coriander, Dill, Echinacea, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Parsley, Rocket, Rosemary, Tarragon, Sage, Savoury Summer, Thyme. Vegetables: Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Mizuna, Okra, Onion, Radish, Spinach, Squash (Bush), Strawberry, Tomato.</p>
Northern Cape and Karoo	<p>Flowers: Alyssum, Aster, Thunbergia, Californian Poppy, Carnation, Chrysanthemum, Cosmos, Dahlia, Dianthus, Forget-Me-Not, Godetia, Gypsophila, Hollyhock, Impatiens, Marigold, Nasturtium, Nigella, Pansy, Petunia, Phlox, Salvia, Antirrhinum, Statice, Sunflower, Verbena, Viola, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Chamomile, Chives, Coriander, Dill, Echinacea, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Parsley, Rocket, Rosemary, Tarragon, Sage, Savoury Summer, Thyme. Vegetables: Beans (Dwarf & Runner), Broad beans, Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Lettuce, Mizuna, Okra, Onion, Parsnip, Radish, Spinach, Strawberry, Tomato.</p>
Natal Midlands	<p>Flowers: African Daisy, Alyssum, Aquilegia, Calendula, Dianthus, Diascia, Felicia, Mesembryanthemum, Pansy, Petunia, Phlox, Poppy, Primula, Viola. Herbs: Marog, Borage, Catnip, Chamomile, Chives, Dill, Fennel, Garden Cress, Lavender, Oregano, Parsley, Rosemary, Tarragon, Sage, Thyme. Vegetables: Beans (Dwarf & Runner), Broad beans, Beetroot, Broccoli, Brussel Sprouts, Cabbage, Carrot, Cauliflower, Celery, Kale, Lettuce, Mizuna, Onion, Parsnip, Peas, Radish, Spinach.</p>
Eastern Cape and Little Karoo	<p>Flowers: African Daisy, Alyssum, Aquilegia, Calendula, Dianthus, Diascia, Felicia, Mesembryanthemum, Pansy, Petunia, Phlox, Poppy, Primula, Viola. Herbs: Marog, Borage, Catnip, Chamomile, Chives, Dill, Fennel, Garden Cress, Lavender, Oregano, Parsley, Rosemary, Tarragon, Sage, Thyme. Vegetables: Beans (Dwarf & Runner), Broad beans, Beetroot, Broccoli, Brussel Sprouts, Cabbage, Carrot, Cauliflower, Celery, Kale, Kale (Chou Moullier), Lettuce, Mizuna, Onion, Parsnip, Peas, Radish, Spinach.</p>
Western and Southern Cape	<p>Flowers: African Daisy, Alyssum, Aquilegia, Calendula, Dianthus, Diascia, Felicia, Mesembryanthemum, Pansy, Penstemon, Petunia, Phlox, Poppy, Primula, Viola. Herbs: Marog, Borage, Catnip, Chamomile, Chives, Dill, Fennel, Garden Cress, Lavender, Oregano, Parsley, Rosemary, Tarragon, Sage, Thyme. Vegetables: Beans (Dwarf & Runner), Broad beans, Beetroot, Broccoli, Brussel Sprouts, Cabbage, Carrot, Cauliflower, Celery, Kale, Kale (Chou Moullier), Lettuce, Mizuna, Onion, Parsnip, Peas, Radish, Spinach.</p>
KZN Coast	<p>Flowers: Alyssum, Aquilegia, Aster, Thunbergia, Californian Poppy, Carnation, Celosia, Chrysanthemum, Coleus, Cosmos, Dahlia, Dianthus, Forget-Me-Not, Foxglove, Godetia, Gypsophila, Hollyhock, Impatiens, Marigold, Nasturtium, Nigella, Pansy, Petunia, Phlox, Poppy, Salvia, Antirrhinum, Statice, Sunflower, Verbena, Viola, Zinnia. Herbs: Marog, Basil, Borage, Catnip, Chamomile, Chives, Coriander, Dill, Echinacea, Fennel, Garden Cress, Lavender, Lemon Balm, Oregano, Parsley, Rocket, Rosemary, Tarragon, Sage, Savoury Summer, Thyme. Vegetables: Beans (Dwarf & Runner), Beetroot, Egg Fruit, Broccoli, Cabbage, Cape Gooseberry, Capsicum (Sweet Pepper & Chillies), Carrot, Cauliflower, Celery, Kale (Chou Moullier), Cucumber, Lettuce, Melons, Mizuna, Okra, Onion, Parsnip, Radish, Spinach, Squash (Bush), Strawberry, Tomato.</p>

Week 1

Start sowing in warmer areas like the Lowveld, Bushveld, and KZN coast. Prep garden beds by adding compost, clearing old plants, and plan for succession planting to ensure a continuous harvest.

Week 2

In cooler areas like the Western and Eastern Cape, continue sowing indoors. Mulch beds to retain moisture, keep weeds down, and deadhead or trim plants to encourage fresh growth.

Week 3

Plant heat-loving crops like tomatoes in warm regions. Fertilise for a nutrient boost and keep up with weeding to give your plants room to grow.

Week 4

Transplant seedlings. Water deeply, mulch for moisture, and use a foliar spray to protect plants from pests.

Take Note



In the Garden with Marlaen:

After a long, in some cases very wet winter, its easy to get enthusiastic about the garden again and start planting like mad. Remember that September can be a fickle month weather wise, so check your area and forecasts carefully before sowing. Warmer areas like the Lowveld, Northern Cape, Bushveld and KZN coast can all start a sowing now before the Summer heat arrives. Gardeners in the Western and Eastern Cape would be wise to make sure that there are no more cold fronts coming through that will ruin outside sowing efforts. For these areas it's a good idea to continue starting any seed indoors and be patient. Boost your veggie garden's success with smart planting strategies! Ensure a continuous harvest all summer with succession planting. No more one-and-done – think months, not weeks! Remember too that all success starts with good preparation. Add compost to soil, clean out old and dead plants and give soil a good digging over before sowing.